

How to Clean the Belt

- 1- Remove the elastic strap for the belt.
- 2- To clean the transmitter:
 - Wipe with a cloth dampened with soap and water
 - Next wipe with a cloth dampened with pure water to remove any remaining soap residue.
 - Thoroughly dry the transmitter with a soft towel
- 3- To clean the elastic strap:
 - Hand wash in warm soapy water.
 - Lay strap flat to air dry.



How to Recharge the Belt

- 1- Remove the belt from your body
- 2- Insert AC adapter plug into the wall.
- 3- Insert the AC adapter cord into the jack on the bottom edge of the belt.
- 4- The LED indicator located on the bottom right hand side of the front label will have a yellow light while it is charging and the light will turn green when the battery is fully charged.

Persons with Pacemakers:

- Should ALWAYS keep the VST more than six inches from their pacemaker when the VST is being worn.
- Should remove the VST immediately if there is any reason to suspect that interference is taking place.

Where can I find more information about Biowatch?

www.biowatchmed.com

**Visit our Website:
www.palmettofamilymed.com**

BIOWATCH Medical Cardiac Monitoring



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How the Vital Signs Transmitter (VST) Works

The Vital Signs Transmitter uses built-in electrodes and other physiological sensor to monitor your heart activity and body temperature. The VST uses a wireless monitoring tool that offers real-time analysis of events. The belt will be worn for 12 days.

Applying the Vital Signs Transmitter (VST)

- 1- First moisten the four rectangular electrode areas on the back to the VST by spraying each with the ApplicationSolution.
- 2- To connect, insert circular plastic end of elastic strap into slot on the end of the VST and twist.
- 3- Adjust strap length to fit snugly around your chest, just below the chest muscles.
- 4- The Biowatch Medical logo on the front of the VST should be upright in the middle of your chest.
- 5- Verify that the VST is working properly by listening for a message that will automatically play within the first 10 seconds of being secured to your body.

Recording Specific Events

The VST has an Event Button that allows you to record any specific event or symptom you may experience.

Events you might record:

- Center of the chest discomfort
- Upper body discomfort (arms, back, neck, jaw and/or stomach)
- Shortness of breath
- Breaking out in a cold sweat
- Nausea
- Dizziness, lightheadedness, fainting

Purpose of Wearing the Belt

There are several reasons why a patient might wear a BIOWATCH cardiac monitor. The belt monitors the patient's heart activity over a period of time to determine if there are any abnormalities present.

This test allows for your doctor to diagnose heart disease or to determine whether symptoms you are experiencing are because of a heart condition. After the doctor receives the test results a treatment plan can be set for the patient depending on the diagnosis.

While Using the Biowatch Medical Belt

- Do NOT shower, take baths, swim, or use hot tubs or any similar activity while wearing the recorder. You MUST stay dry.
- Do NOT sleep under an electric blanket.
- Do NOT tamper with the belt; be sure to charge the belt when you are showering.
- The belt should be kept at least 6 inches away from other electronic equipment.
- Do NOT charge while you are wearing the belt.
- Do NOT submerge the belt in water or any other liquid solution!

