

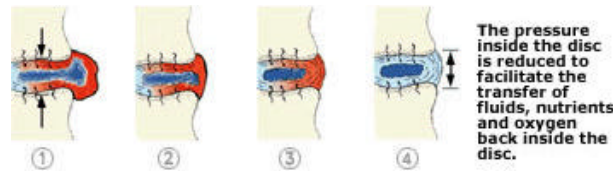
## What Happens During IDD Therapy?

Treatment is administered through the Accu-Spina system, a decompression machine. The patient is secured to the Accu-Spina system with a chest and pelvic harness. This system is a table which is powered to automatically rotate from standing to reclining during the treatment. A certified specialist manages each 30-minute session and the treatment cycle takes about 35 days.



## How Does IDD Therapy Work?

IDD Therapy provides a computer directed method of applying and achieving physical therapy treatment objectives without requiring the patient to participate in any exhaustive or painful exercise regimen. It is performed by a certified clinician. The IDD Therapy device gently manipulates the offending spinal segment, while helping stretch and re-tone underlying musculature. The result is improved lumbar health and pain elimination in about 88% of patients treated.



Where can I find more information concerning IDD Therapy and back pain?

[www.iddtherapy.com](http://www.iddtherapy.com)

<http://www.back.com/>

[http://www.ninds.nih.gov/disorders/backpain/detail\\_backpain.htm](http://www.ninds.nih.gov/disorders/backpain/detail_backpain.htm)

Visit our Website:

[www.palmettofamilymed.com](http://www.palmettofamilymed.com)

## Internal Disc Decompression (IDD Therapy)

### Do You Suffer From Back Pain?



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## What is IDD Therapy?

This is a non-invasive procedure (procedure which does not require an incision) and does not require drug therapy. The treatment uses a device called the Accu-Spina system which promotes self-healing through decompression of the spine.

## Should You Consider IDD Therapy?

The complaint of low back pain is among the most common medical problems. You might want to consider IDD Therapy if you suffer from one or more of the following:

- Herniated or bulging discs
- Degenerative disc disease
- Posterior facet syndrome
- Sciatica
- Acute or chronic back pain



**Herniated disc:** bulging disc material (indicated in red) causes nerve pressure and severe pain.

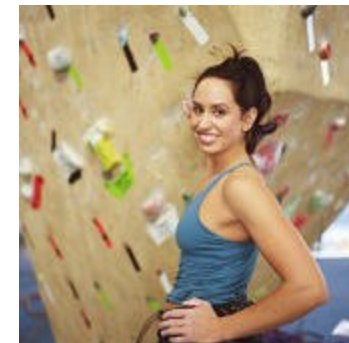
## What are the Benefits?

- No surgery involved
- Non-Invasive
- Painless
- Treatment completed in around 35 days
- No recovery period is needed so you will not miss days of work.
- Minimal cost compared to surgery
- Treatment is not only safe and painless, but comfortable and relaxing as well.
- Non-strenuous work can continue during treatment



## What Results Can You Expect?

1. Pain relief, even after just a few sessions.
2. Shrinkage of disc herniation
3. Increased mobilization
4. Quicker return to work
5. Fewer incidents of back pain and debilitation
6. Return to active lifestyle



In clinical studies, 76% of patients successfully treated with IDD Therapy rehabilitation reported they were still enjoying the improvements of daily living activities with dramatic pain reduction- one full year after treatment!