

Preparing for Your Operation

On the day of the operation:

- Carefully shave the scrotum (the skin bag behind the male organ)
- Shower and clean the area with soap
- Bring an athletic supporter (jock strap) to wear after the operation
- Bring someone with you to drive you home after the operation



After Your Operation:

- You will go home as soon as your operation is over
- You should wear the athletic supporter for at least 5 days
- Place ice bags on the scrotum to reduce swelling
- Take the prescribed pain pills as needed
- Shower the day after (no baths for at least 1 week)
- Shower as you normally would using soapy water to clean the area
- You may start light activity 2 days after (avoid strenuous exercise for 5-7 days)
- Do not have intercourse for 1 week after (continue using other birth control measures until your doctor tells you otherwise)

Where can I find more information concerning vasectomy's?

www.vasectomy.com

<http://familydoctor.org/195.xml>

**Visit our Website:
www.palmettofamilymed.com**

Vasectomy



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What is a Vasectomy?

A vasectomy is a procedure that makes a man sterile, meaning the man no longer has sperm in his semen and can not make a woman pregnant. The doctor cuts and removes part of the tube that carries sperm from the testicles to the semen.

Advantages of a Vasectomy

There are many advantages of a man having a vasectomy rather than his partner being sterilized. Some of these advantages include the procedure being a much simpler, safer, and less expensive operation than that required to sterilize a woman. The recovery time is also much shorter for the man since this is a less complicated surgery. A vasectomy is among the safest of surgical procedures.



What to Expect

This procedure takes 30-45 minutes and you will be awake during the operation. Either one or two small incisions will be made in the scrotum. To prepare you for the incisions your doctor will give you a shot to numb your scrotum. Through the incisions the doctor removes part of each tube which stops the flow of sperm. Skin stitches are used and will dissolve by themselves. You will be instructed to bring in a semen specimen around six weeks after the operation to have it checked to make sure the operation was successful.

Will I Still Have a Normal Sex Life?

Yes, your sex drive and your ability to have an erection and ejaculation will not change after a vasectomy. The only effect of the operation is the stopping of sperm from traveling to the semen. The sperm is still produced but it will remain in the testes.



Does a Vasectomy Work Immediately?

No! The effects take time! You will still have sperm stored and it usually takes several ejaculations to clear out the left over sperm.



Is a Vasectomy Reversible?

Surgery to reconnect the tubes does not always work. It is a major and expensive procedure and is not guaranteed to restore fertility. In a few men the tubes can grow back together on there own, when this happens sperm can get into the semen again.

